



WORKPLACE **OPTIONS**

GLOBAL LEARNING SOLUTIONS

LEARNING EVENTS
WORLDWIDE OFFERING





TESTIMONIALS

"We worked with the learning team to customise a workshop for our teams as we were going through significant transformational change. It was a great session which gave our employees time out to reflect on their personal circumstances and how they could look to move forwards; identifying what their strengths are and planning for their futures using helpful tools and resources that are available through the Employee Assistance Programme. Attendees were really positive afterwards and grateful that this workshop was made available for them during a difficult time."

Senior Rewards Manager,
Multi-National Retailer

"The learning events available from Workplace Options cover a broad range of topics, from mental health and mindfulness to effective communication and ergonomics - there is a training available to support most areas of concern. The trainers come with a huge amount of experience and create an environment where people are happy to engage and interact on what can be quite sensitive topics. Having the option to deliver sessions in local languages is a huge benefit in a global organisation as this makes the session much more impactful for those attending. We have found that the learning events offer a great way to introduce the EAP to employees in a relevant way, making them more likely to contact the service for support when they need it."

Health and Wellbeing Program
Manager - Nokia



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CORPORATE HEADQUARTERS

3020 Highwoods Boulevard
Raleigh, North Carolina 27604
Phone: +1 (800) 699 8011
Sales: +1 (866) 792 3610
E-mail: service@workplaceoptions.com
Fax: +1 (919) 833 9888

WPO SERVICE CENTRES:

Belgium
Canada
China
France
India
Indonesia
Ireland
Japan
Portugal
Singapore
United Arab Emirates
United Kingdom
United States